



Early and ongoing treatment with an FDA-approved the make a difference for people living with multiple scleros about your options by talking to your health care profes contacting the National MS Society at www.national MS or 1-800-344-4867 (1-800-FIGHT-MS).

# Janet Pearce Multiple Sclerosis Nurse Education Program 2012

#### **PRESENTED BY:**

the New York City-Southern New York Chapter of the National MS Society

March 23 - 24, 2012

#### **LOCATION:**

NYU Wasserman
The Center for Career Development
133 East 13th Street, Second Floor
New York, NY 10003

**REGISTER NOW: SPACE IS LIMITED!** 



IOMSN has reviewed this project that was developed by the National Multiple Sclerosis Society New York City-Southern New York Chapter as a resource for Basic and Advanced Practice Nurses. IOMSN has concluded that this project is fair, balanced and accurate and is valid for educational purposes.



National Multiple Sclerosis Society
New York City –
Southern New York Chapter

#### **COURSE DESCRIPTION**

This program is designed for two groups of nurses; those experienced in the field of MS and those new to MS. The program offers two tracks. The advanced track is for nurses practicing at MS Clinical Care Centers or working with patients with MS in other settings who desire an advanced course in the treatment and care of individuals with MS. The basic track is for nurses who may have limited or no experience in working with MS patients but would like to expand their knowledge in this rewarding field of nursing.

During the two-day course, both nursing tracks will learn from experts in the field through lectures, case presentations and panel discussions, along with networking opportunities.

It is an exciting time for MS nursing. New treatments and symptom management options, as well as research advances emerge on a regular basis. MS nurses can have a significant impact on their patients' lives – a career in MS nursing offers immeasurable professional satisfaction and ongoing educational opportunities.

This program was established in 2001 by Janet Pearce, a volunteer, fundraiser, and chapter member whose interest in educating nurses in the field of MS evolved from her own concerns as a patient, and her first-hand experience as one who values the nurse-patient relationship. Now in the 11th year of this program, Janet Pearce will join us at and speak to our nurses at the luncheon on Friday.

## **COURSE OBJECTIVES:**

- to provide a comprehensive overview of multiple sclerosis
- to describe the holistic and comprehensive scope of MS research
- to promote an understanding of the role of the MS nurse and a framework for providing care with compassion
- to support basic and advanced practicing nurses in their assessment skills of patients with MS
- to offer a synopsis of MS symptoms, treatments and therapies for nurses practicing with patients with MS

#### **COURSE DESCRIPTION**

#### 11 contact hours

This activity has been submitted to the Massachusetts Association of Registered Nurses, Inc., for approval to award contact hours. Massachusetts Association of Registered Nurses, Inc., is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

#### **FACULTY**

## Aliza Ben-Zacharia, DrNP, ANP-BC, MSCN

The Corinne Goldsmith Dickinson Center for MS at Mount Sinai Medical Center, New York, NY

## Marijean Buhse, PhD, RN, NP, MSCN

MS Care Center North Shore Long Island Jewish Health System East Meadow, NY

#### Fredrick W. Foley, PhD

Holy Name Hospital Multiple Sclerosis Center Teaneck, NJ

#### Nicholas LaRocca, PhD

National MS Society New York, NY

#### Theresa LaRocca, RN, BSN, MSCN

The Linda Morgante Center for MS, Maimonides Medical Center Brooklyn, NY

# Patricia Loge, MSN, CNM, FNP-BC, MSCN

Beartooth Billings Clinic Red Lodge, MT

## Michele Madonna, RN, MA, MSCN

National MS Society New York City-Southern NY Chapter, New York. NY

#### Marie Namey, RN, MSN, MSCN

Mellen Center for MS Treatment and Research at the Cleveland Clinic Foundation, Cleveland, OH

## Jennifer Reardon, MSN, ANP-BC, CNRN, MSCN

New York Presbyterian Hospital Weill Cornell MS Center at Nyack Hospital Nyack, NY

#### Jai Perumal, MD

The Judith Jaffe MS Center at New York-Presbyterian Hospital Weill Cornell Medical Center New York, NY

## Anne Marie Rooney-Crino, MS, MPH, ANP, MSCN

Independence Care System New York, NY

## Carrie Sammarco, DrNP, FNP-C, MSCN

The NYU/HJD Comprehensive Multiple Sclerosis Care Center New York, NY

## Rachael Stacom, MS, ANP-BC, MSCN

Independence Care System New York, NY

## PLANNING COMMITTEE

**Program Director: Michele Madonna**, RN, MA, MSCN

Members: Aliza Ben-Zacharia, DrNP, ANP-BC, MSCN

Theresa LaRocca, RN, BSN, MSCN

Jennifer Reardon, MSN, ANP-BC, CNRN, MSCN

**Carrie Sammarco**, DrNP, FNP-C, MSCN **Rachael Stacom**, MS, ANP-BC, MSCN

This program has been partially underwritten by the Janet Pearce MS Nurse Education Program of the New York City-Southern New York Chapter of the National MS Society.

#### A Two-Day Program with Two Tracks: Basic and Advanced Practice

#### **DAY 1 – MARCH 23**

8:30 - 9 a.m	_ Continental breakfast and registration
9 - 9:30 a.m.	_ <b>Welcome and introduction</b> Michele Madonna, RN, MA, MSCN
9:30 - 10:30 a.m.	_ Caring With CompassionCaring for Ourselves Michele Madonna, RN, MA, MSCN and Theresa LaRocca, RN, BSN, MSCN
10:30 - 10:45 a.m	_ BREAK
10:45 a.m 12 p.m	An Overview of MS and the Critical Role of the Nurse in MS Care Carrie Sammarco, DrNP, FNP-C, MSCN
12 - 1:30 p.m	<b>LUNCH:</b> Presentation by Janet Pearce
1:30 - 2:45 p.m.	BASIC TRACK: Nursing Assessment in MS Jennifer Reardon, MSN, ANP-BC, CNRN, MSCN
	ADVANCED TRACK: Management of Complex MS Symptoms: Tremor, Intractable Spasticity, Autonomic Dysfunction, and Trigeminal Neuralgia Rachael Stacom, MS, ANP-BC, MSCN
2:45 - 3:00 p.m.	BREAK
3:00 - 4:15 p.m	BASIC TRACK: A Model for Comprehensive Care in MS and Networking Resources for Nurses Anne Marie Rooney-Crino, MS, MPH, ANP, MSCN
	ADVANCED TRACK: Neurological Assessment and Neurological Exam in MS Aliza Ben-Zacharia, DrNP, ANP-BC, MSCN

## DAY 2 - MARCH 24

8:30 - 9 a.m	_ Continental breakfast and registration	
9 - 10 a.m.	A Holistic Approach to MS Research Nicholas LaRocca, PhD	
10 - 10:15 a.m.	BREAK	
10:15 - 11:30 a.m	Educating MS Patients of Risks/Benefits of Therapies/Medications and Supporting Them in the Decision Making Process  Marie Namey, RN, MSN, MSCN	
11:30 a.m 12:30 p.m	NETWORKING LUNCH	
12:30 a.m 1:45 p.m	BASIC TRACK: The Non-Visible Symptoms of MS: Part I: Fatigue, Pain, Sensory Symptoms, and Bowel/Bladder Dysfunction Marijean Buhse, PhD, RN, NP, MSCN	
	ADVANCED TRACK: Pregnancy and MS Patricia Loge, MSN, FNP-BC, MSCN	
1:45 - 3 a.m	BASIC TRACK: The Non-Visible Symptoms of MS: Part II: Cognitive and Psychosocial Issues in MS Fredrick W. Foley, PhD	
	ADVANCED TRACK: Progressive Patterns of MS: What Can We Do?  Jai Perumal, MD	
3 - 3:15 p.m	BREAK	
3:15 - 4:15 p.m	CASE PRESENTATIONS/PANEL (Both Tracks)	
4:15 - 4:45 p.m	PROGRAM EVALUATIONS and WRAP-UP	

Please note: In order to receive contact hours, participants are required to attend the entire program and complete an evaluation.

#### **REGISTRATION FORM**

Name:	 
Degree(s)/Credentials:	
Address:	
City:	
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Home phone:	 
Work phone:	 
Cell phone:	
Nursing License Number:	
State of Nursing License:	
Email:	
Employer:	
Position/Specialty:	
Food Allergies:	
Choose one: ☐ BASIC TRACK	

# REGISTRATION DEADLINE IS MONDAY, MARCH 12, 2012 SPACE IS LIMITED

Course Tuition: Nurse-\$100.00 Student Nurse-\$50.00 PAYMENT **MUST** ACCOMPANY REGISTRATION FORM

#### TWO WAYS TO REGISTER

1. Check (Payable to: National MS Society, NYC-Southern NY Chapter)

Mail with registration form to:
Michele Madonna, RN, MA, MSCN
ATT: JANET PEARCE MS NURSE EDUCATION PROGRAM
National MS Society, NYC-Southern NY Chapter
733 Third Ave., Third Floor
New York, NY 10017

#### 2. REGISTER ONLINE AT www.MSnyc.org

For further information regarding this program, please contact: Andrea Arzt, Associate Vice President, Clinical Programs and Direct Services NYC-Southern NY Chapter at aarzt@MSnyc.org or 212-453-3215